



All Saints' November News

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November, 2007 Edition



Thanksgiving is such a wonderful time. Or, at least it can be! Here are some suggestions on how to have a great Thanksgiving - seven steps to being thankful.

Pay attention to the people around you. You will find that everybody has something to worry or complain about, not just you. It's easy to focus on those who seem to have it all, but you never know what's going on inside. They might look happy, but they might be miserable as well. Don't look at others and think "I should have it like they do." Look at those who aren't as fortunate as you are and take note of how blessed you are. Count your blessings. If it helps, consider volunteering or start a relationship with someone who is not as fortunate and find small or gradual ways to help them.

Practice acceptance. Stop dwelling on how things should be, what could've been, and what you don't have. Recognize what you do have - whether you like it or not, it's yours to keep or to change. Accepting your lot in life is not about resigning yourself to unhappiness. It's about not wasting time wishing for what you don't have.

Become a problem solver. Use your lemons to make lemonade. Get in the habit of asking yourself how you can turn the negative into a positive. The most successful people in life are those who've endured tremendous trials and managed to persevere and turn it all around.

Learn to see hardship as a chance to develop character. Imagine yourself looking back ten years from now and recounting your difficult circumstances, and being proud of how you handled it and worked through it.

Develop an attitude of gratitude. It's pretty simple. At the end of every day, remember five things that have made you happy or appreciative that day. For example: 1) nice weather, 2) being thanked by a customer at work, 3) my pet, 4) having people who love me, 5) a funny joke or a song you like.

Take joy in the small things. Blow bubbles. Walk the dog. Get lost in the park. Goof off or watch a funny movie and have a good laugh. Life's treasures are the small pleasures; give thanks for each small gift you receive!

Have positive friends. If your friends who are positive, cheerful, and optimistic, then you will become positive, cheerful, and optimistic.

I also keep life simple...family and church. I don't complicate it. I stay focused doing a few things really well. I have my marriage vows and my baptismal vows. I try to honor my wife and the Lord Jesus Christ. Everything else seems to take care of itself! For these and all of God's mercies, I give "thanks" on Thanksgiving.

Father Al
Rector



Lakeland City Election Day

Tuesday, November 6, 2007

Polls open on Election Day from 7 am to 7 pm

Vote Early at The Lakeland Courthouse,

930 Parker St., Lakeland

November 3, 10 am - 6 pm



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November 1, 2007
 Published monthly
 Volume 5, Issue 31
 All Saints' Episcopal Church
 209 S. Iowa Ave.
 Lakeland, FL 33801

NOVEMBER EVENTS

- 1st - Fr. Al meets with City leadership group on Strategic Planning for the Downtown, City Hall, 9 am
- 2nd-4th - Bookstore & Gift Shoppe Open House
- 4th - All Saints' Sunday: Baptism of Oscar Miguel Diaz @10:50 am, Time Change, Misa En Espanol @ 12:30 pm w/Fr. Reid
- 4th- Shoebox Project wrapping in Conference Room following 10:50 am service.
- 5th - 6:30 pm Honduras Council, Parlor
- 5th- Men's softball game, 7:00 pm, Southwest Field 2
- 6th- 8:45 am, Mother's Together, Mitchell's Coffee Shop
- 6th - Election Day
- 10th - Wedding of Robert Faneca and Lee Badcock @ 6 pm
- 11th - Patriot Sunday With Hamburgers, Hot Dogs, Ice Cream to commemorate Veteran's Day
- 11th- 2:00 pm Shoebox Project to pack shoeboxes
- 12th- Men's softball game, 7:00 pm, Westside Field 2
- 14th - Clergy Meet w/Fr. Al @ 5 pm
- 17th - Seniors Trip to the Mission Inn at Howie-in-the-Hills, am. Call Minnie Fletcher, 686-6848
- 18th - Dr. Lee Spell, Mission Sunday
- 19th - Jail Ministry, 12:30 pm
- 19th- Men's softball game, 8:15 pm, Westside Field 2
- 21st - No worship service at 6 pm
- 22nd - Thanksgiving Day Holy Communion 10:00 am (No Meal)
- 23rd- Administrative offices will be closed
- 25th - UTO Sunday

Website: www.allsaintsweb.org



We are happy to announce that All Saints' has hired Elizabeth Delaney to lead the children and youth music ministry.

Elizabeth recently graduated from Southeastern University with a bachelor's degree in church music and ministry arts. A classically trained musician under the tutelage of Mr. Edward Bryant and Dr. Shudong Braamse of Southeastern University for the past six years, Elizabeth plans to pursue her master's degree within the next year in Vocal Performance and Pedagogy.

Elizabeth will be working with small groups of children to prepare them to perform during the Sunday services. She will work with vocalists as soloists, in duets, trios and larger groups. John Seybert will assist with young instrumentalists who would like to perform.

In Remembrance
 John Brock 7/6/24-10/6/07