JANUARY 2012

SAM
SENIOR ADULT MINISTRIES

***Senior Adult Ministries*:**

Daughters of the King
Lunch Bunch
Foyers Dinners
Red Hatters
A Widow's Walk
All Saints' Receptionists
Offering Counters
Kitchen Saints
Thrift Store Volunteers
Senior Games
Prayer Shawl Ministry
Day Trips/Overnight Trips
Senior Orphans
Lay Eucharistic Ministers
Senior Adult Shut-in Visitations
Mental Aerobics

WELCOME! We are followers of Christ committed to joyfully giving ourselves to God and others through love, worship and service by walking "Hand in Hand" with our Seniors. WE HOPE YOU WILL JOIN US!

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All Saints' Senior Adult Ministries
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With each new year come new beginnings and in 2012 All Saints' Senior Adult Ministries is even more committed to addressing the needs — spiritual, emotional, social — of all our Senior Adults.

When our new building is completed, there will be space to offer more ways to learn to walk the path God has put before us. A Senior Adult classroom will be set up for our use in the following:

- ◊ **Sunday studies**
- ◊ **Mental Aerobics (75 ways to keep our brain fit by maintaining mental acuity)**
- ◊ **Expanded Saints' Alive activities**
- ◊ **Tea & Tours**
- ◊ **Game Night**
- ◊ **Cross-Generational Meal Preparation for Shut-ins**

The list is almost limitless and as we begin this new year, we pray that we listen carefully as God directs our steps. We have much to do and welcome your ideas, participation and encouragement.

In November 2011, Deacon Rick received a 'plea' for knitted caps and shawls from our sister All Saints' Church located in one of the coldest areas of our country which has been devastated by floods. The request was forwarded to SAM.

The Rev. Mary P. Johnson
All Saints' Episcopal Church
301 Main Street South
Minot, North Dakota 58701

Hi, Joy,

Thanks so much for your offer of knitted items. The caps would go to elementary schools where most of the students are from the most-affected part of the city. Kids in Minot go out for recess even when it is very cold and snowy, and are expected to come to school in parkas, snow pants, boots, hats, mittens, and scarves ready to "get the wiggles out" on the playground while being appropriately dressed. The floods left the homes of about a quarter of the population totally devastated. Water filled their homes, often to the top of the windows on the first floor. People had time to get as much out of their houses as they could, but a lot of things necessarily were left behind. Some homes were under water for almost a month, and there was a lot of toxic stuff in the flood water, which means that whatever was left inside homes at the time of the evacuation was a total loss. In June, that often meant the winter clothes stored in the basement. Kids in cold climates are notorious for losing hats, scarves, and mittens. The prayer shawls go to people receiving care and counseling for the stress and trauma that continue, as people deal with endless paper work from insurance companies, the SBA, FEMA, and local assistance agencies; and as they deal with the frustration of waiting to see if their home is in an area that might become green space or be in the path of newly planned levees and thus would be bought out and demolished-- or whether it's safe to sink money into rebuilding. (continued on next page)

Memory Lane

January's "Remember When" is a member we think you'll recognize, but you'll need to look closely .. She's warm, she's friendly, she's a 'survivor'. If you don't know this member, it will be worth your while to meet and chat with her.

— Can you GUESS WHO?

December's "Remember When" picture was SUSAN PATRICK and we immediately had numerous correct guesses. Everyone said she hasn't changed!!

Join Ministry Leaders, Beth Mason and Lynne Walker at their monthly meeting of *"Widow's Walk"*, All Saints' support and encouragement ministry.

SAINTS IN ACTION

Minnie Fletcher invites all Seniors to the Saints' Alive monthly meetings held on the second Tuesday at 10:00 a.m. in the Parish Hall. Come make new friends, play games, and enjoy a delicious lunch. Lunch cost: $4 per person.

Trips will resume soon….

(Continued from page 1) Letter from The Rev. May P. Johnson, All Saints' Episcopal Church, Minot, North Dakota

Waits for FEMA trailers are also long. And the housing situation is exacerbated by the oil exploration boom in North Dakota. It's really the Wild West in some ways. It's good for employment--unemployment almost doesn't exist here--but when McDonald's pays $12 per hour plus a signing bonus it doesn't really go as far as you would expect when a 2 bedroom apartment is now $1000 per month, if you can find one.

That's probably more than you want to know, but I hope you know that what you send will be appreciated, and so much the better if the knitters pray as they knit!

The Rev. Mary P. Johnson
All Saints' Episcopal Church
Minot, North Dakota

All Saints' Episcopal Church's Prayer Shawl Ministry Members' response to this plea was a wholehearted "YES, we'll send our Prayer Shawls, Lap Robes and Caps to those in need in your parish, Rev. Mary." And, in December, a box of 12 Prayer Shawls, Lap Robes, and Caps were mailed to the far reaches of North Dakota with our love, our prayers, our well wishes. Special thanks to Elsa Nail, Betty Monroe, Darleen Stark, Kathy Headington, Jo Palmer, Marcia Tomkow, Donna Babb, Laurel Cain, Minnie Fletcher, Members, All Saints' Prayer Shawl Ministry.

God's peace. Jim and Joy Proctor